# NAME OF THE ACTIVITY: **HEALTHY RELATIONSHIPS WITH TECHNOLOGY WITH RIJUL ARORA**

DATE	FACULTY	DEPARTMENT/COMMITTEE	COORDINATOR NAME
11 <sup>th</sup> July, 2020	NA	NSS SVC	Dr. PUNAM SOOD
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor
	Online	80	Webinar
SUPPORT/ASSISTANCE:			

### BRIEF INFORMATION ABOUT THE ACTIVITY ( ${f CRITERION\ NO.-III,\ V}$ ):

TOPIC/SUBJECT OF THE ACTIVITY	HEALTHY RELATIONSHIPS WITH TECHNOLOGY WITH RIJUL ARORA
OBJECTIVES	Awareness on disadvantages of technology
METHODOLOGY	Rijul Arora, a TEDx speaker addressed us on how technology is affecting us mentally and physically. He suggested alternatives on how to overcome excessive use of technology.

OUTCOMES		

### PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached): [vm5]

Notice & Letters	Student list of participation ü	Activity report	Photos	Feedback form
Feedback analysis	News clip with details	Certificate	Any other	

IQAC Document No:	Criterion No: III, V[vm6]	Metric No:
Departmental file no	IQAC file No;	

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. PUNAM SOOD	Dr. PUNAM SOOD	

### **PROOFS**

#### **Event Poster:**





### SRI VENKATESWARA COLLEGE (University of Delhi)

## Internal Quality Assurance Cell

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This is to certify that the Activity report (Teacher/Department /Society/Association) has been submitted for documentation to IQAC, Sri Venkateswara College, University of Delhi.

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